

PSHCE Learning Journey: Years 7-11

PSHCE stands for Personal, Social, Health, Citizenship and Economic education.

It is taught during Extended Tutor Time as part of a rolling programme of fortnightly lessons.

During your time at CBSC you will cover the following topics so that by the end of Y11, you have a broad overview of some of the important topics that will help you become an active and responsible member of your local and national community.

Year 7

	Term 1	Term 2	Term 3
P	Getting to Know You	Target Setting	Being Mindful of others
S	Making Friends & Communicating with Teachers	Bullying	Online Safety
H	Anxiety – school worries	Healthy Diets	Diet and Exercise
C	CBSC a Multicultural Community; My Faith	British Values	British Institutions
E	Wants Versus Needs: Budgeting	Saving	Crime – Gang culture

Year 8

	Term 1	Term 2	Term 3
P	Values- What have I learnt from Year 7?	Target Setting	Decision Making
S	Communication Skills; Good Manners	Banter Versus Bullying	Social Media
H	Puberty	Alcohol and smoking	Mental Health
C	Racism and Tolerance	Stereotypes	Rights and Responsibilities
E	Risk	Poverty	Crime – Knife Crime

Year 9

	Term 1	Term 2	Term 3
P	Values – I have learnt from Year 8?	Target Setting	Emotional Intelligence
S	Etiquette, manners and how to conduct yourself.	Love, Sex and Respectful Relationships	Sexual Equality and Feminism
H	Contraception	STIs	Substance abuse/Drugs and the Law
C	Elections	The British Parliament	Local and Devolved Government
E	National Economy	The Minimum Wage	Personal Finance

Year 10

	Term 1	Term 2	Term 3
P	Values – I have learnt from Year 9?	Target Setting	Resilience
S	Loss and Grief	Sexuality	Pornography
H	Stress, Anxiety & Eating Disorders	Sexual Health	Mental and physical health risks associated with substance abuse
C	Homophobia	Censorship and Freedom of Speech	Multiculturalism
E	Global Economics	Ethical Trade	Sustainable Development

Year 11

	Term 1	Term 2	Term 3
P	Transition: My Future post-Y11	Personalised Revision Programme	Personalised Revision Programme
S	Social Media and Internet Safety (Digital Literacy & Relationships)	Personalised Revision Programme	Personalised Revision Programme
H	Sex Education	Personalised Revision Programme	Personalised Revision Programme
C	What is peer and domestic abuse?	Personalised Revision Programme	Personalised Revision Programme
E	World of Work	Personalised Revision Programme	Personalised Revision Programme