

Carshalton Boys Sports College

PSHCE

Learning Journey





	Term 1	Term 2	Term 3
P	Recap Y8 Values	Target Setting	Emotional Intelligence
S	Etiquette & manners	Love, Sex & Respectful Relationships	Sexual Equality & Feminism
H	Contraception	STIs	Drugs & the Law
C	Elections	The British Parliament	Local Government
E	National Economy	Minimum Wage	Personal Finance

	Term 1	Term 2	Term 3
P	Getting to Know You	Target Setting	Being Mindful
S	Making Friends	Bullying	Online Safety
H	Anxiety worries	Healthy Diets	Diet and Exercise
C	CBSC Family	British Values	British Society
E	Budgets	Saving	Crime: Gangs

	Term 1	Term 2	Term 3
P	Career Paths	Personalised Revision Programme Study skills, time management and wellbeing	EXAMINATIONS
S	Social Media & Internet Safety		
H	Sex Education		
C	Peer & domestic abuse		
E	World of Work		

	Term 1	Term 2	Term 3
P	Recap Y7 Values	Target Setting	Decision Making
S	Good Manners	Banter Versus Bullying	Social Media
H	Puberty	Alcohol and smoking	Mental Health
C	Racism & Tolerance	Stereotypes	Rights & Responsibilities
E	Risk	Poverty	Knife Crime

	Term 1	Term 2	Term 3
P	Recap Y9 Values	Target Setting	Resilience
S	Loss & Grief	Sexuality	Pornography
H	Stress, Anxiety & Eating Disorders	Sexual Health	Mental and physical health risks from substance abuse
C	Homophobia	Censorship & Freedom of Speech	Multiculturalism
E	Global Economics	Ethical Trade	Sustainable Development

CBSC - PSHCE

Learning Journey

KEY: Personal Social Health Citizenship Economics



Future Aspirations

Routes into university

- Pathway identification and support plan
- Aim Higher opportunities
- NCOP Programme
- Mentoring and tutoring
- Extensive programme of support events
- Trips and conferences
- Workshops on options (Foundation, Degree, Degree Apprenticeships etc)
- SEN / LAC support
- Finance / Independent life skills
- Student finance
- Kudos
- Impartial IAG

Non university routes

- Options (apprenticeships, college, employment, gap year)
- Employability skills
- Making applications
- Interview skills
- Opportunities and sources
- Finances and taxation
- Action planning
- Mentoring
- SEN / Individual support packages
- Life Skills

Transition

- Mind-set and readiness
- Bridging the gap
- Culture, respect and ethos
- Safeguarding
- Relationships and environment
- Communication
- Charter and expectations
- Support and key people
- Attendance
- Skills
- Opportunities and enrichment
- Organisation and planning

Y12

	Term 1	Term 2	Term 3
P	Values & community Target setting	Target setting & review	Mindfulness Target setting
S	Safe and positive relationships	Social Media and internet safety	Pornography and healthy relationships
H	Stress, anxiety & coping strategies	Contraception & STI's	Drugs, health and the law
C	Equality and tolerance	British values. Peer and domestic abuse	Local government, elections and voting
E	Labour market and global economics	Personal finance and lifeskills	Budgeting and sources of finance.

Y13

	Term 1	Term 2	Term 3
P	Transition review, target set and action plan.	Next step action plan and careers programme (UCAS, Job seekers)	EXAMINATIONS
S	Sexuality, safe and positive relationships		
H	Stress, anxiety & coping strategies		
C	Politics, diversity and voting		
E	Labour market and global economics		
		Personal finance and life skills	

