

# Slow Cooker Club

**Free 4 week course**

Dates available from November 2025 to March 2026

## Choice of Venue:

**Carshalton Family Hub &  
Children's Centre SM5 1SQ  
Tuesday's 12:30pm - 2:30pm**  
or  
**Vanguard Community Centre  
Wallington SM6 9JL  
Friday's 12:30pm - 2:30pm**

- **Light Lunch provided**
- **All ingredients supplied**
- **Discover tasty recipes for the whole family**
- **Budgeting / money saving tips**
  - **Chat and cook**

## Parents only

Must have a child under 19 years or 25 years with SEND living at home

**To book your space please use the QR code**



Only one space per household  
Spaces allocated on a criteria basis



# Free Slow Cooker\*

\*subject to criteria