



Arguing Better

A course to help parents communicate better with each other

Disagreements are a normal part of life, and most couples argue from time to time. The way you approach these conversations can make a big difference to you, your partner, and your children.

Would you like to learn healthy ways to deal with stress and conflict?

If yes please come and join us at:

Carshalton Family Hub & Children's Centre

Tweeddale Road, SM5 1SQ

Wednesday 12th November 2025

Start at 9.30am

Finish 12.30pm

More information contact parenting: 07873 702777

Parents only

Must have a child under 19 years or 25 years with SEN living at home and be a resident of Sutton. **Please note:** Both parents don't need to attend together

To book your space please scan the QR code

